

GENERAL RULES OF THE CPGA

- 1** Club secretaries must send a list of rowers to the CPGA prior to the beginning of the season. (see appendix 1)
- 2** Club secretaries must send a copy of their insurance to the CPGA prior to the beginning of the season.
- 3** Club secretaries must nominate a gig from their club for use in Championship events. Failure to do so will mean that club being excluded from said events that season. The exception to this rule is clubs with only one boat who however may nominate their boat if they so wish.
- 4** Club secretaries to forward three dates suitable for holding their events the following year on request to the CPGA to enable the fixture list to be compiled.
- 5** Club secretaries to forward names of gigs going to Isles of Scilly World Championships to the CPGA on request to enable shipping list to be compiled.
- 6** Club secretaries to forward a list to the CPGA of experienced coxswains for their club
- 7** All clubs must appoint a safety officer to implement the CPGA`S guidelines and inform the CPGA who this person is.
- 8** Abide by the Code of Conduct.
- 9** All clubs must appoint a Child Protection Officer to implement the CPGA`S guidelines and liase with the CPGA`S Welfare Officer.
- 10** Abide by the CPGA`S racing rules.
- 11** The Association has the authority to discipline individuals or clubs using the Grievance/Disciplinary procedure.
- 12** No advertising is permitted on a pilot gig.
- 13** The accounts of the CPGA will be independently audited annually.
- 14** No performance enhancing or illegal drug taking is permitted. Any club or individual found doing so will be subject to the disciplinary procedure.
- 15** Any crew going to sea should carry a VHF radio and where possible a club member alerted to listen on an agreed channel.
- 16** All clubs competing with a non standard B crew to fly a small St Piran`s flag for the entire race.
- 17** Any individual with a connection to the CRA should declare his/her interests when any subject relating to both CRA & CPGA is brought forward for discussion, also when standing for committee.
- 18** Foot restraints- In the interest of safety the CPGA advises rowers not to strap/tie their feet to foot rests/stretchers and if this advice is ignored the club or individual will carry the responsibility, not the CPGA. Under no circumstances are juniors permitted any form of straps/ties.
- 19** No Starred events to be held in August.
- 20** Any formula for Starred Events agreed at the AGM to stand for a minimum of 3 years.
- 21** All thole pins to be made of timber.
- 22** All paddles to be made of timber and of traditional shape blade.